

# New Year's Resolutions

Name: \_\_\_\_\_

Date: \_\_\_\_\_



Use this page to plan your New Year story!  
Think about last year, your goal for this year, and how you can work toward it.  
Ask your teacher if you need help.

I am \_\_\_\_\_ year's old, and one thing about myself is:

One thing I learned in 2025



My GOAL this year:

When do you aim to achieve this GOAL?

Example: August

Three things I will do to reach this goal are:

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

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☒ **Brainstorm**



☐ Plan



☐ Write



☐ Build My Story

# New Year's Resolutions

Name: \_\_\_\_\_

Date: \_\_\_\_\_

My goal for this year  
is:

\_\_\_\_\_

\_\_\_\_\_



Use your ideas to start planning your New Year story. Think about your goal and how you will try to reach it.



What will I  
try this  
year?

What goal do  
I have for  
this year?

What do I  
remember from  
last year?

What made  
me feel  
proud?

What do I  
want to get  
better at?

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# New Year's Resolutions

Name: \_\_\_\_\_

Use this page to plan your goals!

If you're doing Option 1, you'll type this into the web app.

If you're doing Option 2, use it as notes to help write your full story.

Ask your teacher if you need help.

## 1 Introduction

Write a few sentences to tell what your New Year story will be about.

## 2 My Reflection

Write about something that happened last year and how it made you feel.

## 3 My Goal + Reason

Write your goal for this year and tell why you want to reach it.

## 4 My Action Steps

Write 2 or 3 things you can do to help yourself reach your goal.

## 5 Closing

Write how you hope your year will end and how you want to feel at the end.



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# My Profile

Name: \_\_\_\_\_

Date: \_\_\_\_\_



This page helps you create your main character for your story. You'll fill in details about who they are, what they look like, and even draw them. Later, you'll use this profile to guide your writing and bring your character to life in Build My Story.

My Character Is: ☒ A Human ☐ An Animal ☐ Fictional

Your Name  
\_\_\_\_\_

How Old Are You?

\_\_\_\_\_ Year's Old

Draw Yourself

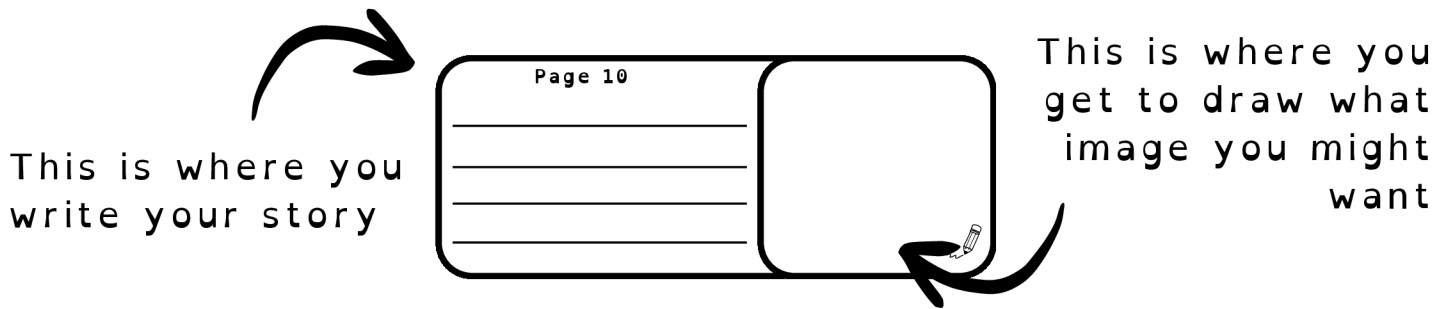
What do you look like?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_What are you wearing?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_[www.buildmystory.com](http://www.buildmystory.com)☐ Brainstorm☒ Plan☐ Write☐ Build My Story

# Option 2: Full Story



You are the storyteller!  
Use the lines to write what will happen on each page of  
your book.

When you finish, you'll have all 11 pages planned and  
ready to put into Build My Story.



## Page 1 → **Beginning: Introduction**

Introduce your New Year story. Who are you,  
how old are you?

## Pages 2-4 → **Learnings: My Reflection**

Write about something that happened last  
year and how it made you feel.

## Pages 5-6 → **GOALS: My Goal + Reason**

Write your goal for this year and tell why you  
want to reach it.

## Pages 7-9 → **The Plan: My Action Steps**

Write 2 or 3 things you can do to help yourself  
reach your goal.

## Pages 10-11 → **Closing: Feeling of achievement**

Write how you hope your year will end and  
how you want to feel at the end.

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☐ **Brainstorm**



☐ **Plan**



☒ **Write**



☐ **Build My Story**

## Page 1

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## Page 2

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## Page 3

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Author Name

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☐ Brainstorm



☐ Plan



☒ Write



☐ Build My Story

## Page 4

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## Page 5

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## Page 6

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Author Name

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☐ Brainstorm



☐ Plan



☒ Write



☐ Build My Story

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## Page 8

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## Page 9

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Author Name

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☐ Brainstorm



☐ Plan



☒ Write



☐ Build My Story



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**Author Name:** \_\_\_\_\_



☐ **Brainstorm**



☐ **Plan**



☒ **Write**



☐ **Build My Story**